



# CAPITAL CITY SCAMPER



CHEYENNE COMMUNITY  
**RECREATION & EVENTS**

**Location: Youth Activity & Community Center**

**Date: 07/8/2018**

**Time: 8:00am**

**Pre-Register by: 06/01/18**

**Registration deadline: 06/29/18**

### Entry Fee:

- \$75.00 per Team—Pre-Registration
- \$105.00 per Team

The City of Cheyenne is proud to announce the 5th Annual, Community Recreation & Events **Capital Scamper**. Teams of three will compete while doing challenges around the city that will incorporate physical and mental abilities through puzzles, physical agility and teamwork, as teams search for checkpoints and complete challenges throughout the city. The winner will be determined based on a mix of time and success on the various challenges. Registration is limited to the first 15 teams, so register early! Ages 18 & Up.

**For more information or to register, call:**

**Events Division @ (307) 637-6423**

**T-Shirt    Cash Awards**  
**Free Meal**

## Sponsored by:



**PARAMOUNT CAFE**



### Mail or drop off entry form and fee to:

Community Recreation & Events  
Attn: Capital Scamper  
4603 Lions Park Drive  
Cheyenne, WY 82001

Phone: (307) 637-6423

E-mail:

smcdonald@cheyennecity.org

Team Name

Name—Captain

Address

Phone

T-Shirt Size: S M L XL

Sex                      Birthday

Email

Signature                      Date

Name

Address

Phone

T-Shirt Size: S M L XL

Sex                      Birthday

Email

Signature                      Date

Name

Address

Phone

T-Shirt Size: S M L XL

Sex                      Birthday

Email

Signature                      Date

## ASSUMPTION OF RISK, WAIVER AND RELEASE

In consideration of the acceptance of my entry in the Capital Scamper, I, the undersigned participant, hereby agree and make the following contractual representations and agreements. I fully realize the dangers in participating in a long distance group race (including, by way of example and not limitation, exhaustion, physical exertion, injured muscles, the dangers of collision with vehicles and other runners, the dangers arising from surface hazards, and weather conditions) and I fully assume all risks associated with such participation. I hereby waive, release, and discharge for myself, my family members, heirs, administrators, personal representatives, successors and assigns, any and all rights and claims which I have or which may hereafter accrue to me against the sponsors/co-sponsors of the Capital Scamper and the City of Cheyenne, its officers, employees, volunteers and participants for any and all damages which may be sustained by me directly or indirectly arising out of my participation in the Capital Scamper. Further, I will hold the City of Cheyenne harmless from any and all liabilities and provide for the defense of the City in the event the City is sued as a result of my alleged negligence. I attest that my physical condition is adequate to complete the run safely and I am prepared for this event. I hereby acknowledge that the above persons and entities have no obligation to provide medical care and have not undertaken the responsibility to do so. In the event I receive medical care as a result of a medical emergency, I hereby consent to such care. I grant full permission for sponsors or the City of Cheyenne to use photographs of me and quotations from me in legitimate accounts and promotions of this event.

### REQUIRED MATERIALS

Each competitor is required to bring, and keep with them, the following items on race day, unless instructed by race director.

- 1 Bicycle
- 1 Bicycle helmet
- 1 Swimsuit
- 1 Backpack
- Camera/Phone

### GENERAL INFORMATION

- Teams should be prepared to participate in 4 hours (give or take) of activities and challenges, and race in upwards of 20 miles.
- Teams are advised to stay on the route(s) given to them by race director.
- The race will be held rain or shine, so check the weather report and plan!
- Mandatory pre-race meeting to be held on July 5th, 2018 at 5:30pm at the Youth Activity & Community Center, 1317 Parsley Blvd. Must have at least 1 team member attend. NOTE: Will be advantageous to have all 3 team members present.
- Further instructions and guidelines to be given at pre-race meeting.

**I hereby certify that I have fully read and understand the foregoing legal document and sign it knowingly, willingly and voluntarily.** NOTE: All team members may sign this one copy.

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Signature

Date

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Signature of guardian if applicable

Date